



# FYZICAL®

Therapy & Balance Centers

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Patient's Phone \_\_\_\_\_

Date of Surgery: \_\_\_\_\_ Surgical Procedure: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Evaluate & Treat

Continue Current Rx

Frequency: \_\_\_\_\_ Visit(s) per Week Duration: \_\_\_\_\_ Week(s) \_\_\_\_\_

### Pre/Post-Op Rehab

- Knee
- Hip
- Back
- Shoulder
- Other:
- Neck
- Elbow
- Wrist/Hand
- Ankle/Foot

### Balance Rehab

- Balance/Vestibular Therapy
- Canalith Repositioning
- Neurological Gait Training
- Other:

### Orthopedic Rehab

- Strengthening
- Flexibility/R.O.M.
- Stabilization
- Soft Tissue Mobilization
- Joint Mobilization
- Other:

### Programs

- Sports Specific
- FCE
- Work Conditioning
- Work Hardening
- Fitness
- Osteoporosis
- Fibromyalgia
- Neurological
- Pelvic Therapy
- Parkinson Wellness
- Recovery (PWR MOVES)
- LSVT BIG (Parkinson's)
- Other:

### Modalities

- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Dry-Needling
- Deep Tissue Laser Therapy
- Other:

### Patient Education

- Balance/Vestibular
- Canalith Repositioning
- Neurological Gait Training
- Other:

### Supplies

- Custom FootMaxxOrthotics
- Compression Stockings
- Braces
- Other:

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Preferred Location (circle one):

• FYZICAL Boerne • FYZICAL De Zavala • FYZICAL TPC Parkway

• FYZICAL Shavano Park • FYZICAL South San Antonio • FYZICAL Stone Oak

See reverse for addresses and contact information



# 6 Locations in Metro San Antonio

New Boerne Location Now Open

## FYZICAL Boerne



745 W. San Antonio Ave  
Ste #200  
Boerne, TX 78206  
P:(830) 249-7211  
F:(830) 249-4698

## FYZICAL South San Antonio



2406 Commercial Ave  
Ste #1  
San Antonio, TX 78221  
P: (210) 921-1599  
F: (210) 921-2088

## FYZICAL TPC Parkway



22100 Bulverde Rd  
Ste #108  
San Antonio, TX 78259  
P: (210) 272-0055  
F: (210) 519-0459

## FYZICAL Shavano Park



14439 NW Military Hwy  
Ste #107  
Shavano Park, TX  
78231  
P: (726) 201-4290  
F: (726) 201-4335

## FYZICAL Stone Oak



20818 Gathering Oak,  
Ste #118  
San Antonio, TX 78260  
P: (210) 200-8921  
F: (210) 858-6416

## FYZICAL De Zavala



6222 De Zavala Rd  
Ste #101  
San Antonio, TX 78249  
P: (210) 200-8552  
F: (210) 200-8463

Now Open

